

Leadership in Uncertain Times

Coaching for Leaders

TEST & 1-1 COACHING CONVERSATIONS

Managers play a central role in their organisations by acting as the link between the organisational goals and the employees who help achieve these. Being a leader can be challenging and the COVID-19 pandemic brings even more challenges to the job of a leader. Therefore, working with a Strengths coach can help you to find new ways to improve your effectiveness and results as a leader.

Your greatest potential is found in the talents you have, which are the ways you already think, feel and act. A Strengths Coach can help you develop and realise your unique talents and turn them into strengths.

Strengths Coaching for Leaders helps you discover new ways to use your talents and strengths in your leadership. This will have an impact on your leadership style and engagement, your team performance, and your team commitment. Each coaching session builds on the previous one and allows you to continuously develop your progress and solve new challenges.

Benefits

A test and feedback will give you the following:

- a deeper understanding of your own talents and how they manifest in your role
- insight into potential blind spots and ways to overcome them
- strategies to effectively lead your team
- techniques to identify engagement barriers that reduce your team's performance
- increased understanding of how to positively impact the engagement of individuals in the team and the team overall
- new ways to empower others to improve results
- new strategies to unleash the performance potential of each team member

What to expect

Your coaching conversations take place online and at times that suit you best. The sessions are personal one-to-one conversations. Before the sessions, a CliftonStrengths test is taken online, that provides you with a unique and elaborate report of your talents and strengths. As supporting material, you will receive a link to a copy of the e-book: STRENGTHSFINDER 2.0.

Your Coach

At STRENGTHS in Denmark you will be coached by Christian Holst who is a Gallup Certified Strengths Coach. Christian has extensive experience in advisory roles and coaching of managers, teams and organisations. He also has experience as a business owner, consultant, coach and leader.

STRENGTHS

One or More Coaching Conversations

Development of one's mental strengths may be similar to developing one's physical muscles. It takes time. And the more you train - the stronger you become. All sessions are about becoming more conscious about using your strengths intentionally. Making your talents into strengths may sound pretty simple, but experience shows that it can take time to translate the results of a test and understanding of one's talents into deliberate strength-based action. A Coach helps accomplish this and will be able to help with both understanding the results of the test and putting it into practice.

The Value of Strengths Coaching

Managers and leaders often need a trusted advisor who can help them tackle a new task, implement change initiatives, or achieve a personal or professional goal.

A Strengths coach supports leaders in transforming insights from their sessions into meaningful action-oriented outcomes. When working with a Strengths coach, we explore the obstacles and opportunities that matter most. The coaching helps leaders refine their vision and explore alternative ways to achieve their aspirations using their talents as well as identify and overcome challenges.

STRENGTHS partners with Gallup

Gallup has studied leadership for over 40 years with more than 50,000 executives in over 200 different organisations and industries.

Gallup's approach to coaching is rooted in strength-based development. According to Gallup's extensive research, the best opportunity for people to learn and develop is to identify the ways in which we naturally think, feel, and behave, and then build on these talents to create strengths - the ability to consistently deliver optimal performance.

Contact Us For More Information

STRENGTHS

Christian Machat Holst

Chief Inspirational Officer

ch@strengths.dk

INPUT - INTELLIGENCE - CONNECTEDNESS - SIGNIFICANCE – LEARNER

M: ch@strengths.dk

T: +45 22 64 64 99

www.strengths.dk



E2GROW CERTIFIED
HIGH PERFORMING
TEAM COACH



STRENGTHS har en samarbejdsaftale med Gallup, men er ikke en del af Gallup. We are not affiliated with The Gallup Organization ("Gallup") and Gallup owns all right, title, and interest in all of its trademarks and copyrights relating to CliftonStrengths™, Gallup®, StrengthsFinder®, and the 34 Clifton StrengthsFinder® theme names.